

CrossFit Blenheim TIMETABLE 2019



TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6am	CrossFit Brayden	CrossFit Brayden	CrossFit Brayden	CrossFit Brayden	CrossFit Brayden	
7am						
7.30am						
8am						FIT45 & CrossFit Brayden
8.30am						
9:15am	CrossFit Brayden	CrossFit Kim (Until we find a replacement coach)	CrossFit Brayden	CrossFit Kim - until July	CrossFit Brayden	BARBELL CLUB Brayden
9.30am						
10:30am						
11am						
11.30am						
12pm						
1pm						
1.30pm						
2pm						
2.30pm						
3pm						
3.30pm						
4.15pm	CrossFit Brayden	CrossFit Brayden	CrossFit Brayden		CrossFit Brayden	
5:15pm	FIT45 Mark	CrossFit Starter Class	FIT45 Mark	Accessory Brayden	FIT45 Mark	
5:30pm						
6pm	CrossFit Brayden	CrossFit Brayden	CrossFit Brayden	CrossFit Brayden	CrossFit Brayden	
6.30pm						
7.15pm	FIT45 Grace		FIT45 Grace	CrossFit Starter Class		
7:30pm						